

Name: _____

Date: _____

Activity: _____

The Essential “Steps” to Leadership Self Assessment

	Not Proficient	Approaching Proficiency	Proficient	Exceeds Proficiency
Takes on leadership roles	1	2	3	4
Incorporates prior knowledge appropriately	1	2	3	4
Follows the directions of others	1	2	3	4
Inspires others to be involved	1	2	3	4
Is positively engaged in the activity	1	2	3	4
Perseveres when things are challenging	1	2	3	4
Actively listens to others' input	1	2	3	4
Takes personal risks	1	2	3	4
Focuses the attention of the group	1	2	3	4
Demonstrates competency in the task	1	2	3	4

You need a score of **21** or higher in order to be proficient.

Not Proficient	0-10
Approaching Proficiency	11-20
Proficient	21-30
Exceeds Proficiency	31-40

Score: _____ Rating: _____

Modified from:

Panicucci, Jane. Adventure Curriculum for Physical Education. Beverly, MA: Project Adventure, 2003.